



CAMBERWELL SOUTH  
PRIMARY SCHOOL

*Learners and Leaders*

Natasha Cummins  
*Principal*

Annabelle Owens  
*Assistant Principal*

*'At CSPS we value community members who strive to be Learners and Leaders'*



**Wednesday 22 March 2023**

## *Important dates*

Mar 20-24	Yr.2 Swimming
Mar 24	Junior Assembly Welcome Picnic
Mar 30	The Fathering Project after School Sports afternoon 3.30-4.30pm
Mar 31	Prep Grandparents Day Whole School Assembly
Apr 6	Final day Term 1 2.30pm dismissal

ALL CSPS FAMILIES ARE INVITED!

*Welcome*  
*BBQ & Picnic*

FRIDAY 24 MARCH  
4.30-7.30PM

SENIORS PLAY AREA

**BBQ BAR**  
**FOOD TRUCKS**

PLUS DJ & ACTIVITIES  
WITH 



## PRINCIPAL NEWS

### Evacuation Drill

Last Wednesday at 3:45pm a few lucky families were still onsite when we sounded the emergency alarm for our evacuation drill. Thank you to everyone who participated. We managed to clear the school site, lock the buildings and assemble on the oval in record time. A special mention needs to go to students attending TeamKids as they walked calmly and followed all instructions throughout the drill. We are required to run emergency drills each term so that we can be clear of processes during an actual emergency. Next term we will focus on a shelter in place drill during school hours.

### Welcome Picnic

Our first big community event for 2023 is our Welcome Picnic this Friday afternoon. I'd like to thank our amazing Fundraising Team who have been working hard behind the scenes to ensure everyone has an amazing night. Expect to be able to purchase delicious food and drink, dance along to the DJ, have some fun completing activities run by Proactivity and meeting other families. I look forward to seeing many of you there.

### Lunchtime Library Volunteers

Have you got a WWC? Have you completed our Volunteers course? Do you have a half hour spare and want to help out in the Library during lunchtime? If so, please get in contact with me [natasha.cummins@education.vic.gov.au](mailto:natasha.cummins@education.vic.gov.au). Every day our Library opens for the second half of lunch (1:05-1:35pm) and we have many students coming in to play chess, do puzzles, draw, read books or chat to their friends. We have a staff member on duty but would love to have a parent volunteer each day to help out. Completion of the CSPA volunteers course is necessary for all volunteers. If you were unable to attend the course Miss Paulin ran last week, we will be running another course at the beginning of Term 2.

### Prep 2024

This year the Department of Education has made changes to the enrolments process for children starting school. All schools will receive updated enrolment information at the end of Term 1 and will be able to begin accepting completed enrolment forms from the beginning of **Term 2**. If you have friends or neighbors asking, bookings for School Tours and our Prep 2024 Open Morning can be made through our school website.

### Term 2

I know many of you are planning exciting adventures during the school holidays. Term 2 begins at CSPA on Monday 24th April, we do not have a student free day before ANZAC Day on Tuesday 25th.

### Absences

If your child is going to be absent from school for any reason (holidays, illness etc.) please ensure you go onto Compass and add an attendance note. Schools are required to report all student absence data to the Department of Education and Training (DET). A summary of the number of days absent or late will appear on your child's end of Semester Report.

### Sleep

The Department of Education and Training (DET) has put together the following information for schools to share with their communities regarding the importance of sleep.

While we know sleep is essential for good health, research shows that many children and young people are not getting enough sleep on school nights. This can affect thinking, concentration, memory, reaction times and mood.

Research shows about 12% of primary school-aged children, a quarter of 12- to 15-year-olds and half of 16- to 17-year-olds don't get enough sleep on school nights. The recommended amount of time to sleep for primary school-aged children is 9 to 11 hours. For teenagers, it's 8 to 10 hours.

Signs that your child is not getting enough sleep can include:

- low mood and irritability during social interactions
- reluctance or arguing about getting off devices and going to bed
- falling asleep during the day
- difficulties waking up for school and sleeping in late on weekends to catch up
- changes to communicating or interacting at home.

You can help your child to improve their sleep by:

- establishing a regular sleep pattern and consistent bedtime routine
- supporting them to avoid using electronic devices such as smartphones before going to bed and in bed
- encouraging your child to exercise and spend time outside in daylight, steering clear of vigorous activity in the hour before sleep
- encouraging them to wind down and relax before going to bed.

If your child is still having trouble sleeping, has persistent problems with low mood, excessive daytime sleepiness, restlessness in bed, severe snoring or wakening unrefreshed, despite getting adequate length sleep, they should see a doctor.

For more information on sleep health, you can refer to:

- [Sleep tips for children](#) and [Facts about sleep for parents and school staff](#), from the Sleep Health Foundation
- [Why sleep is so important](#), from the Kids Helpline's
- [Sleep explained](#), from the Better Health Channel.

Natasha Cummins

## Harmony Week Incursion 21 May

This week was Harmony Week and it was the celebration that recognises our diversity and brings together Australians from all different backgrounds. It's about inclusiveness, respect and a sense of belonging for everyone. On Tuesday, Ganga Giri from Didgeridoo Australia came to our school to educate us about aboriginal culture and tell us stories from his childhood and experiences. It was amazing to see him play the didgeridoo because he could mimic animal sounds perfectly and got everybody up and about, clapping along with the music and dancing around. He also showed us emu eggs and boomerangs that they used for hunting. We learnt that Australian rules football was actually formed from a game created for hundreds of years by Indigenous people. It was an amazing opportunity for our school to learn about aboriginal culture. We hope to see Ganga come back into the school again soon to teach us more!

Written by Zariah A, Chloe J, Henry DC, Jack W



In Week 5, the Year 6 Cohort departed to our one destination, Canberra. Can you believe that to beat the traffic, we had to leave our lovely school at 6:45am?! With our iPads on, and our earplugs in, we were ready. We took off, our eyes glued to our screens to pass the time. The bus was dead silent. The air was fresh, and the sun was rising. Everyone was set. At least we thought we were... Approximately 10 years/hours later we finally arrived in our nation's capital. We had arrived at the Capital Country Holiday Park.

We visited lots of breathtaking places that blew away our minds! But, if we all had to choose one place that we loved the most, it would have to be Questacon. It was like we all had been transported inside of a computer. We enjoyed playing fun and interactive games where we had to use our minds to figure out how things work. One major highlight of being at Questacon was that there was a giant drop slide. Lots of us went on it and had the time of our lives. I'm pretty sure that we would've stayed much longer if we weren't dragged away by the teachers!

Sweat dripped down our faces. Longing for something like a strike. Then suddenly... BANG! We all scream in delight. Bowling night was one of our favorite parts of camp. Going out at 7:30pm was exciting and specially to play one of everyone's favourite games. Everyone was ready for a fight and in the end our extremely patient and competitive bus driver had won!

Overall Canberra was the best week of our lives!

Written by Zara F and Siham T,



## Lost Property

### Help Please

There are a number of unnamed jumpers that need washing ready to donate to the second hand uniform shop. If you are able to help with this, please visit Jennie in the office to collect a bag.

Thanks in advance to those that are able to help with this task, it is very much appreciated!

Mrs. O'Brien

## Scholastic BookClub

Last chance to order books from Issue 2. To view the catalogue, click [here](#). Book club is a great fundraiser where the library gets 'rewards' every time you buy from Scholastic and the students get so excited when their books are delivered to the classroom, so it's a win-win!

Easiest way to order is via the LOOP app or visit [www.scholastic.com.au/LOOP](http://www.scholastic.com.au/LOOP) by **Thursday 23rd March 5pm**. Books will be delivered to the classroom before the end of term.

Please remember to update your child's class for your first order this year in the 'profile' setting. If you are new to Book Club, please follow the prompts to set up your profile. Use the '*GIFT*' option if you want to order discreetly and you will be notified when you can pick it up from the office, rather than it going to the classroom.

Any questions, please contact [jennieriedler@gmail.com](mailto:jennieriedler@gmail.com)

Happy reading! 📖

## Reminder

### 2<sup>nd</sup> Instalment of School Contributions

To those families that chose to pay School Contributions by instalment, the 2<sup>nd</sup> instalment is due was due 16 March. Please submit your remittance to the school office at your earliest. For those that chose to have an automatic debit, please be aware this will occur Friday 24 March.

## Attendance Note

If your child will be absent from school, please enter this on Compass. There is no need to contact the teacher once this is done. Instructions via the link. [Attendance Note](#)

## Canteen Information Update

Please remember to update your child/rens class for 2023 on the Qkr! App.

## School Captains

Welcome Picnic call for donations/ School Captains project

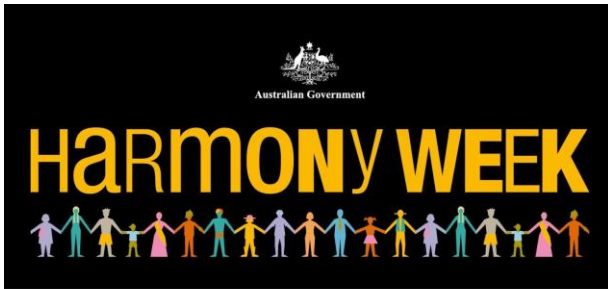
This year we want to increase Indigenous displays around our school. We hope to raise money to support our project.

At the Welcome Picnic we will run a Lolly Toss (like the chocolate toss which was so much fun from the Twilight Market). We would like you to donate a bag of lollies for our lolly toss. Donations can be left at the Office. Examples of lollies might be a bag of mixed lollies, a pack of Tic Tacs or a box of Nerds.

**Zariah, Chloe, Henry, and Jack  
School Captains**



## Music new



### Week 8: Mon 20 – Fri 24

All week classrooms will have a focus on Harmony in Australia.

Tuesday 9.00 am Didgeridoo Australia Performer



Friday: Wear your **SCHOOL UNIFORM** with a touch of **Orange** - The colour of Harmony.

**Something in your hair, a hat, a tie or ribbon – it's up to you!**

EVERYONE BELONGS  
[www.harmony.gov.au](http://www.harmony.gov.au)

## Angklung from Indonesia



A Chinese and Brazilian display

Harmony Week celebrations have seen the Music curriculum, during class time, take students on a mini world music tour. After some donations from alumni family Janet Smith, students have been able to see examples of musical instruments from China, Brazil and Indonesia. We have also looked at aboriginal Australian music, Hawaiian music and songs to celebrate our wonderful multicultural Australia!

**Boroondara Eisteddfod.** Registrations are now open.

<https://www.boroondara.vic.gov.au/boroondara-arts/whats/boroondara-eisteddfod>

### [Boroondara Eisteddfod](#)



A unique, local, annual competition for musicians and vocalists.

[www.boroondara.vic.gov.au](http://www.boroondara.vic.gov.au)

Scroll to the bottom of the webpage for your instrument stream details

Catherine Lyons



## Fundraising News



### Walkathon 2023 almost finalised!

A final reminder that all Walkathon sponsorship money is due to be submitted online or back to the office by THIS FRIDAY - 24th March. Thank you to those who have already put their sponsorship money through, and for those who haven't quite got there yet - there's no time like the present! We look forward to letting you know the final tally! Online link here: <https://forms.enrolnow.com.au/amanda/walkathon>

### Welcome Picnic - THIS FRIDAY

We can't wait to see our community come together for our Welcome Picnic on Friday evening (4.30pm - 7.30pm). The weather forecast looks great and we are getting ready to feed and entertain the whole family to celebrate the start of the year. Just a reminder that we will be accepting card and cash payments for food and drink on the night, and please remember to bring your own reusable cutlery, crockery and cups from home. We are still looking for a couple more helpers for the BBQ and bar, so if you think you can spare an hour on the night, please sign up here: [volunteersignup.org/L8BBB](http://volunteersignup.org/L8BBB).

See you there!

### Looking to Term 2 - Mother's Day Events

Mother's Day will be upon us soon after we begin Term 2! More information will be coming to you closer to the time about our Mother's Day Stall and Card, Coffee and Classrooms morning, but we are also looking forward to hosting a Mother's Day lunch this year. Please see the flyer and Trybooking link for more details: <https://www.trybooking.com/CGPMO>. We hope to see many women of our community there.



## Local Sporting Clubs

[Willison Park Tennis Club](#)

[Ashy Redbacks Junior Football](#)

[South Camberwell Tennis Club](#)

[Camberwell Sharks FC](#)

[South Camberwell Basketball Club](#)

[Ashburton United Junior Football Club](#)

[Ashburton Willows Cricket Club](#)

[Riversdale Soccer Club](#)

[STC Sth Camberwell Cricket Club](#)

[Toorak East Hockey Club](#)